



# SUMMER 2021



We are happy to welcome you back to the Aquatic Center this summer for lessons, open swim, and lap swim! It was a long year and we missed all of you!

We will be following all Covid 19 safety protocols recommended by the Michigan Department of Health during the summer. If we should have to close for Covid 19 safety reasons, every effort will be given to contact you prior to class time. We also post information and updates on the Mason Aquatic Center Facebook page.

**PLEASE READ ALL THE INFORMATION BEFORE ARRIVING AT THE POOL!**

1. All employees and visitors must undergo a health screening before entry along with a touchless temperature. You may scan the QR with your phone at the pool or you may fill out a hard copy form each day you come to the pool.
2. Showers are now available but no more than 6 people in any locker room at one time and we ask that you please social distance.
3. Social Distancing will be strictly enforced. You must wear a mask into the building until the time you enter the pool so while on any dry land area you will be required to wear a mask!
7. Social distance a minimum of at least 6 feet while on dryland.
8. We will have extra precautions in the bathrooms and any other high touch areas. If you would like to bring your swim bag on deck you will be given a colored disk. This will help others know they must be 6 feet apart and we ask that you keep the disk where your swim bag was when you leave so we may sanitize the area properly.
9. Pool Equipment use will be for lessons only. Open swim or lap swim will not be allowed to use facility equipment or toys. This includes noodles and kickboards.
10. Lifeguards will make change put we ask that you come with the correct change for open swims. You may buy Lap Swim and Water Fitness Punch Cards but Open Swim Punch Cards will not be available this summer.

We want to keep you and all of us at the Aquatic Center healthy while enjoying some exercise. Thank you for your understanding!

*Mary Kay Gavitt  
Community Education and Aquatic Director*

**Adult Lap/Walk Swim (18 years of age and up)**  
**June 14 - September 2**

Upon arrival patrons must have a brief health screening along with a touchless temperature which will be outside the family locker room doors. Only 4 people will be allowed into the family locker room at one time and no more than 6 in the locker rooms at one time.

**You do not need to register prior to Lap Swim time.**

Mon., Tues., Wed., Thurs., Fri. 6:00 am - 7:30 am

**NO SWIM - 7/2, 7/5, 8/2 - 8/6, 9/6**

Monday and Wednesday - 7:30 pm - 9:00 pm

**NO SWIM - 7/5, 8/2, 8/4, 9/6**

**Cost:**

\$5/Regular, \$2 Mason Public Schools Employee at the door - No Punch Cards for MPS Employees with discount

Punch Card: \$30 for 10 punches (11th swim is FREE)

Seniors: \$4 at the door. Punch Card \$24 (11th swim is FREE)

No discounts on single day price.

**Water Fitness - Shallow Only**

**June 14 - 9/1**

Upon arrival patrons must have a brief health screening along with a touchless temperature which will be outside the family locker room doors. Only 4 people will be allowed into the family locker room at one time and no more than 6 in the locker rooms at one time.

Face mask must be worn until entering the pool.

Class Limit: 8

**NO CLASS - 7/6, 8/2, 8/4, 9/6**

**Doors Open at 7:00 pm**

**Monday and Wednesday**

**7:15 pm - 8:15 pm**

Price: \$6 at the door. (No discount for senior citizens unless you buy a punch card)

Punch Card: \$45 for 10 punches.

**No 5 day punch cards available.**

Students/Seniors/Faculty: \$36 for 10 Punch Card. No 5

**Punch Cards are available for purchase at the pool from the Lifeguard or if paying with a credit card call the Community Education Office at 517-244-6416**

## Swimming Lessons

Summer Swim lessons are offered Monday, Tuesday, Wednesday, Thursday AM along with Tuesday evening classes. If we are forced to cancel a class, every effort will be made to have a make up class on Friday mornings. If a make-up class is not possible, we will offer a FREE Open Swim card. All classes are 4:1 student-teacher ratio.

Classes are 30 minutes in length.

If you are unsure of the child's level please contact Mary Kay at 517-244-6416 or email me at [gavittm@masonk12.net](mailto:gavittm@masonk12.net)

### Parent and Child Exploration - 6 mo - 4 years

No experience required. The focus of this class is to create a nurturing aquatic environment through songs, activities, and parent/child bonding. Parents will learn safety tips to keep you and your child safe in and around water. **Children not potty trained must wear a swim diaper. Parent must be in the water with the child.** Class limit:10

#### **Session 1 - (2 week session) June 21 - July 1**

9000-SU21 9:00 am - 9:30 am \$38

#### **Session 2 - (2 week session) July 12 - July 22**

9001-SU21 11:00 am - 11:30 am \$38

#### **Session 3 - (1 week session) July 26 - July 29**

9002-SU21 11:00 am - 11:30 am \$20

### Make A Splash (4—5 Year Olds)

This class is for young swimmers who are ready to make the transition from parent and child class, but not quite ready for a Level Class.

Continuation of water adjustment skills and self exploration in the water along with skill training. **Students must be potty trained to attend this class.** Class Limit: 4

#### **Session 1 - (2 week session) June 21 - July 1**

9003-SU21 9:40 am - 10:10 am \$38

9004-SU21 11:00 am - 11:30 am \$38

#### **Session 2 - (2 week session) July 12 - July 22**

9005-SU21 9:00 am - 9:30 am \$38

9006-SU21 10:20 am - 10:50 am \$38

#### **Session 3 - (1 week session) July 26 - July 29**

9007-SU21 9:00 am - 9:30 am \$20

### Level 1 - (Recommended child be at least 48 inches tall)

Water Entrances and exits, blowing bubbles, bobbing in the water, floating on front and back, rolling front to back, safety, and learning combined arm and leg action. Class limit: 4

#### **Session 1 - (2 week session) June 21 - July 1**

9008-SU21 9:40 am - 10:10 am \$38

9009-SU21 11:00 - 11:30 am \$38

#### **Session 2 - (2 week session) July 12 - July 22**

9010-SU21 9:40 - 10:10 am \$38

#### **Session 3 - (1 week session) July 26 - July 29**

9011-SU21 9:40 am - 10:10 am \$20

9012-SU21 11:00 am - 11:30 am \$20

### Level 2

Fully submerge and hold breath, advanced bobbing, recover from a front float or glide to a vertical position, roll from front to back, swim at least 15 yards, introduction of rhythmic breathing, combined arm and leg action of swimming at least 15 yards in the front crawl and safety. Class limit: 5

#### **Session 1 - (2 week session) June 21 - July 1**

9013-SU21 9:00 am - 9:30 am \$38

#### **Session 2 - (2 week session) July 12 - July 22**

9014-SU21 10:20 am - 10:50 am \$38

#### **Session 3 - (1 week session) July 26 - July 29**

9015-SU21 10:20 am - 11:50 am \$20

### Level 3

Enter from deep end, scissors kick, rhythmic breathing, introduction of breast stroke, refining elementary backstroke, front crawl, and backstroke, treading water in the deep end, and safety. **Class limit: 4**

#### **Session 1 - (2 week session) June 21 - July 1**

9016-SU21 9:00 am - 9:30 am \$38

9017-SU21 10:20 am - 10:50 am \$38

#### **Session 2 - (2 week session) July 12 - July 22**

9018-SU21 9:40 am - 10:10 am \$38

#### **Session 3 - (1 week session) July 26 - July 29**

9019-SU21 9:40 am - 10:10 am \$20

### Level 4

Sidestroke, breast stroke, front crawl with rhythmic breathing, elementary backstroke, changing positions, introduction to diving, and safety. We suggest swimmers have at least past Level 4 before joining the MASC swim team.

#### **Session 1 - (2 week session) June 21 - July 1**

9020-SU21 10:20 am - 10:50 am \$38

#### **Session 2 - (2 week session) July 12 - July 22**

9021-SU21 9:00 am - 9:30 am \$38

#### **Session 3 - (1 week session) July 26 - July 29**

9022-SU21 10:20 am - 10:50 am \$20

### Level 5

Level 5 enables swimmers to swim up to 50m continuously while focusing on specific drills to improve their technique and build their stamina. Butterfly is also introduced, allowing the swimmers to understand and build techniques for all 4 strokes. This class is designed for swimmers that would like to be on a swim team or are already on a team and would like more technique work.

#### **Session 2 - (2 week session) July 12 - July 22**

9023-SU21 11:00 am - 11:30 am \$38

#### **Session 3 - (1 week session) July 26 - July 29**

9024-SU21 9:00 am - 9:30 am \$20

### Private Swim Lessons

Private Lessons are for students who need extra attention or prefer individualized help in learning how to swim. These lessons are not just for school age children. Are you an adult who has a desire to learn how to swim or maybe your training for a Triathlon and would like to improve your stroke? We are happy to accommodate lessons to fit your needs. All private lessons are 30 minutes in length. We can accommodate Semi Private Lessons but students must be on the same skill level. Please call the office at 517-244-6416

#### **Session 1 - (2 week session) June 21 - July 1**

9025-SU25 11:40 am - 12:10 pm \$60

#### **Session 2 - (2 week session) July 12 - July 22**

9026-SU25 11:40 am - 12:10 pm \$60

#### **Session 3 - (1 week session) July 26 - July 29**

9027-SU25 11:40 am - 12:10 pm \$32

### Evening Swim Lessons

#### June 15 - July 27 - Tuesday's

Evening Swim Lessons will be held on Tuesday nights and will be seven weeks in length.

### Parent and Child

9028-SU21 6:10 - 6:40 pm \$34

### Make A Splash

9029-SU21 5:30 pm - 6:00 pm \$34

### Level 1

9030-SU21 6:10 pm - 6:40 pm \$34

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## Aquatics Continued

### Level 2

9031-SU21 5:30 pm - 6:00 pm \$34

9032-SU21 6:45 pm - 7:15 pm \$34

### Level 3

9033-SU21 6:45 pm - 7:15 pm \$34

### Open Swim (Please bring correct change)

We welcome Mason and the surrounding communities to come enjoy the pool at the Mason Aquatic Center. For the safety of all patrons we ask that children 8 years of age and younger be accompanied by an adult in the water unless the child can proficiently swim on their own without a floatation device. Children swimming with floatation devices of any kind must have a parent in the water. Children not potty trained must wear a swim diaper. We do not sell or provide diapers. The Lifeguards on duty will determine the proficiency of the swimmer to swim in the deep end of the pool. **NO REGISTRATION REQUIRED PAY AT THE DOOR!**

**PLEASE SOCIAL DISTANCE WHILE IN THE POOL AND SITTING ON THE BENCHES. PLEASE STAY IN YOUR OWN COHORTS**

June 14 - August 20

**CLOSED - 7/1, 7/5, 8/2 - 8/6**

Monday, Tuesday, Wednesday, Thursday, Friday

1:00 pm - 3:00 pm

Thursday

7:30 pm - 9:00 pm

Friday

6:00 pm - 9:00 pm

August 23 - September 2

Friday

7:00 pm - 9:00 pm

### Lifeguards will have a lane open for Lap Swimmers

Price: \$3/Adults, \$2/Students & Senior Citizens, \$8 per a family of 4 (\$1 for each additional family member)

No Punch Cards for Open Swim available for the Summer

## Mason Area Swim Club (MASC)

### Ages 8 - 18

MASC is a competitive swim team where they will compete in smaller meets, learn the value of team work, and train to be a high school swimmer. Due to Covid 19 we will be limited to how many meets the athletes will be attending so we are going to focus on technique, endurance, teamwork. We encourage you to read the information provided below to help you become familiar with the team program and how to register. If you have any further questions please call Mary Kay at 517-244-6416 or email [gavittm@masonk12.net](mailto:gavittm@masonk12.net). We are pleased to have **Connie Cantrell** as the Head Coach and she is also the High School Boys Varsity Swimming Coach. Connie will be assisted by former members of the Mason Swim Team. You can email [Connie at cantrellc@masonk12.net](mailto:cantrellc@masonk12.net)

### MASC MOST ASKED QUESTIONS!

#### Do I have to be a good swimmer to join the team?

You must be able to swim at least 25 yards of Freestyle and 25 yards of Backstroke or completed the Level 4 of the Learn to Swim Classes. We suggest swimmers be at least 8 years of age.

#### Do I have to try out?

You do not have to try out if you can complete the prior requirements but if you are not sure of your skill level please come to a Monday, Wednesday, Thursday practice at 5:30 pm for an evaluation, you do not need an appointment.

### What if I am involved in other sports?

We have many swimmers involved in other sports. Due to our limitations this summer we will be offering only a two day option and will have a shorter season.

### Are meets held every week-end?

**NO!** We try to attend only week day meets but some week-end meets are offered as an option if available.

### Can I join anytime?

**YES!** But your session will **NOT** be prorated. It is the same price on the first day of class as of the last day of class. All classes will be on Monday and Wednesday (2 days per week)

### What is the cost?

The cost varies depending on the group level your child is in, see chart below for cost.

### Who do I pay?

Please go online to register at <https://mason.revtrak.net>. The website will take checks and credit cards, cash must be paid at the office. I encourage you to enroll online so you can sit up your own secure account. Please **DO NOT** pay the instructor!

### Levels

The levels of MASC will be Gold, Silver, Bronze. Gold will be the highest level, silver the middle and bronze will be for younger swimmers or members which need to improve their strokes before moving up.

### NEW LEVEL!

**Platinum - M, Tu, Wed, Th - June 12 - July 29**

**Requirements: 12-18 years of age, 1:30 training pace, sign up for USA Swimming to be able to compete, four days a week commitment to training, and an additional day for swimming or training. Contact Connie Cantrell for more details at [cantrellc@masonk12.net](mailto:cantrellc@masonk12.net)**

Coached by **Connie Cantrell and Mike Cantrell**

### MASC - June 14 - July 28 - NO SWIM 7/5

### Gold, Silver, and Bronze - Monday and Wednesday

#### Gold

9000-SU21 5:30 pm - 7:00 pm \$77

#### Silver

9001-SU21 5:30 pm - 7:00 pm \$77

#### Bronze

9002-SU21 5:30 pm - 6:30 pm \$61

### Lifeguard Recertification

All skills will be reviewed and practiced before water and written test. CPR/FA/AED are included in the review. Upon successful completion of both water and written skills test you will be issued your certification. **Students must bring their own mask to class along with proof of prior training which is not 60 days past expiration or proof of provisional certification.**

**Instructor: Mary Kay Gavitt, Karen Creaser, and David Ely**

**9025-SU21 Thursday, June 17 9:00 am - 5:00 pm**

We make every effort to make sure your child is placed in the correct class based on ability. Learning to swim might take one child one week and another child 3 years. We try every approach possible to help your child grown and become proficient swimmers while having fun at the same time. Safety is our number one area we focus on and then continue with skills. You are welcome to observe but please let our instructors teach. Some children will have fears, encourage them to participate and we will work with your child to help ease those fears while enjoying the water. Sometimes we need to combine classes or change times based on enrollment, we will contact you in advance if this is needed. You will be fully refunded if the time does not work for you.

Thank you for allowing us to teach your child how to swim!

**IMPORTANT INFORMATION**

**REGISTER EARLY: DON'T LET YOUR CLASS BE CANCELLED!!** Each class has a minimum and maximum number of participants. In order to properly staff for each class, pre-register and pre-pay for all classes prior to the first day of class. ***THERE WILL BE NO REGISTRATION AT THE DOOR FOR ANY CLASS***

**ONLINE:** Online Registration Link: <https://mason.revtrak.net>

**WALK-IN:** Please call ahead for a walk inn time. 517-244-6416

**MAIL:** Provide your name, address, city, day, and evening phone numbers, email address, along with class information. For children’s classes, please list child and parent’s name (s). Enclose a check made payable to **Mason Public Schools. Do not mail credit card information!** You may also use a check or credit card for online registration.

**PHONE:** Call 244-6416 (Leave a message and a call will be returned) **Phone Registrations by VISA, MasterCard, Discover, ONLY!**

**CONFIRMATION:** You will be called if your class is cancelled or full. **No confirmations will be mailed but registering online will allow you to print a confirmation.**

**REFUND POLICY:**

Full refunds will be given for classes cancelled by Community Education. A \$5 processing fee is charged for each class dropped by the customer. To request a refund, call the Community Education office **at-least** two days prior to the first scheduled class. No refunds will be given if notification is received after the two-day deadline. Community Education reserves the right to cancel/reschedule class times. In case of pool closure, every effort will be made to contact you for rescheduling. There are **NO** prorated classes.

**BUILDING LOCATION GUIDE**

(HS) High School.....1001 S. Barnes St.

The Aquatic Center is located on the North end of the building **OPPOSITE** the Football Stadium. The Tennis Courts are located on the same side of the building as the Pool.

**View the Guide: go to the Mason School Website at: [www.masonk12.net](http://www.masonk12.net), click on “Departments” then “Community Education” where you will see the link for the Summer 2021 Enrichment Guide link**

**Online Registration Link: <https://mason.revtrak.net>**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY, ZIP: \_\_\_\_\_

PHONE (DAY): \_\_\_\_\_ EVENING: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

PARENT NAME: \_\_\_\_\_

Course Number & Name	Time/Day	Amount

Mail Payment: (make check payable to: Mason Public Schools % Community Education)

For Credit Card or Check online Payment: Go online to: <https://mason.revtrak.net>

**THE POOL WILL BE CLOSED AUGUST 2 - 6 FOR CLEANING**