

FALL 2023 ENRICHMENT GUIDE

== MASON PUBLIC SCHOOLS - COMMUNITY EDUCATION ==

Welcome!

Thank you for checking out Mason Community Education! We hope you had an amazing summer of fun and relaxation! We are excited for many returning and fun new classes this Fall.

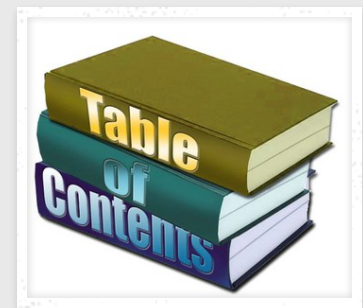
Please check out all the options and get signed up. An email will be sent to you the week of your class with specific information about location, what to wear/bring, etc. Space DOES fill up and all class enrollments close the *Thursday* before the event takes place. Please see the last page of the guide for frequently asked questions and information how to enroll in events and Aquatic events!

Thank you,
Jessica Miller
Director of Community Education
millerj@masonk12.net
Office - (517) 244-6416



TABLE OF CONTENTS:

1. Recreation and Fitness Classes
2. Youth Classes
3. Hobbies and Personal Interest Classes
4. Aquatics Offerings - including Swim Lessons
5. Registration Information



1. RECREATION AND FITNESS



Cardio Drumming

This class is a fun way to get your cardio in! This is a no-judgement, go at your own pace class. The goal is to follow the instructor listening to songs while using drumming and weights for a fun workout. Ages 14+ are welcome! Can enroll at any time, but prices are not prorated. Taught by Sabrina Richmond. YOU Bring to Class: water bottle, large yoga ball, 17 gallon bucket, light hand weights and drum sticks. Every participant needs their own equipment.

Wednesdays, Sept 6 - Nov 15, 2023

6:30-7:30pm

\$55

6000-F23

Martial Arts

This 2-day per week class will cover an introduction to Taekwondo and basic self defense. Anyone ages 5 - adult are welcome to attend. Ages 5 - 9 need an adult to stay with them, but adult does not have to participate. ALL abilities are welcome. Please wear comfortable athletic type clothes that are easy to move in and a water bottle. An instructor from Dragon Unity Martial Arts in Mason will be teaching this class.



Mondays and Wednesdays, Sept 11 - Oct 18, 2023

4:30-5:30pm

\$90

6001-F23



Zumba

Join Stephanie Miller for Zumba! She'll bring the energy, fun and music! Each class is a total body workout, combining all elements of fitness, mixing high-intensity and low-intensity moves for a calorie blasting interval style workout that doesn't feel like you're working out! Ages 18+ welcome.

Session 1: Sept 7 - Oct 12, 2023

6:00-7:00pm

\$54 (all 6 weeks)

6002-F23

\$40 (4-class punch card - expires 12/7/23)

6003-F23

Session 2: Oct 26 - Dec 7 (no class 11/23)

6:00-7:00pm

\$54 (all 6 weeks)

6004-F23

\$40 (4-class punch card - expires 12/7/23)

6005-F23

Hoop Dance

In these classes, we will go over the basics of hoop dancing. We will practice body passes, weaves, waist hooping, and tie a series of tricks together to encourage flow! Students will leave each class with a handful of new tricks and hoop dancing sequences to practice at home.

Mondays 6:00-6:45pm (adults, 18+)

Sept 11 - Oct 2, 2023

6006-F23 \$60 (you provide your own hoop or borrow one)

6007-F23 \$80 (you get a hoop to take home with you)

Mondays 7:00-7:45pm (kids ages 8-17)

Sept 11 - Oct 2, 2023

6008-F23 \$60 (you provide your own hoop or borrow one)

6009-F23 \$80 (you get a hoop to take home with you)





Tribal Belly Dance

In this introductory tribal style bellydancing class, you'll learn basic movements that can be built upon to make surprisingly complex and creative dance movements. This class is supportive and accessible even if you've never studied dance before, and this dance form looks beautiful on every age and body type. Celebrate a mesmerizing dance form that honors improvisation and shared leadership. Open to anyone ages 16+. Taught by Shantana Simmon.

Please bring: water bottle. Attire can be anything you are comfortable dancing in. We will discuss ideas at the first class.

Thursdays, Sept 14-Nov 2, 2023 (no class 9/28)

7:15-8:15pm

\$60

6010-F23

Men's 35+ Basketball

This is a laidback group that has Basketball Open Gym together. Open to men 35 years of age and older held at Mason Middle School. Facilitated by Jay Weessies.



Tuesdays, Oct 17 - Dec 19, 2023

8:00-10:00pm

\$45

6011-F23



Adult and Child Yoga

This class is designed for one adult and one child to do together. Learn some new poses, relax, unwind, build muscle and have FUN! There will be music integrated into class as well. Open to adults with children ages 3 and older who can follow teacher directions with parent support. Be sure to register BOTH the adult and child individually who will be attending the classes! YOU Bring to Class: yoga mat/large towel, water bottle. Taught by: Jen Cousineau from JenCYoga.

Wed, Sept 13 - Oct 4, 2023

5:30-6:15pm

\$40 PER participant (\$80 for an adult/child pair)

Yoga for Strength and Injury Prevention



Join Jen from JenCYoga for a yoga class that will teach building strength and injury prevention. Class is appropriate for all ages 15+. This info is equally useful for athletes as it is for senior citizens and will be taught in an accessible way for both. Learn more about activities/practices that help build strength and are good for cross conditioning. YOU Bring to Class: yoga mat/large towel, water bottle.

Wed, Oct 11 - Nov 1, 2023

5:30-6:15pm

\$80 (ages 15-64)

6013-F23

\$60 (ages 65+)

6014-F23

2. YOUTH CLASSES

Cartooning

Join longtime traveling art teacher/author/caricaturist, Dawn McVay Baumer, as she shares her love for cartooning with all that want to learn! Dawn's thought is that no one is perfect, and no artist should be! It is more fun to learn how to take the ideas she will show you and create a cartoon based on your own style! All supplies will be included, imaginations needed!



Fairy and Gnome Cartooning

Join us for some cartooning fun creating gnomes and fairies We will learn how to draw different versions of gnomes and fairies, in crazy outfits, with fun beards, hair, wings, patches and more. Ages 5-12.

Thursday, October 5, 2023

5:30pm-7:00pm

\$24

7000-F23

Halloween Cartoon Creatures

Just in time for Halloween, learn some fun ways to create the creepiest of characters! Together we will draw monsters, aliens, zombies, bats, bugs, ghosts and more. If it is creepy, we are going to cartoon it! Ages 5-12.

Thursday October 19, 2023

5:30pm-7:00pm

\$24

7001-F23

Elf Christmas Cartooning

Just in time for Christmas, let's draw some holiday Elves to grace your home. Elves come in all shapes and sizes, some are naughty and some are nice, and we will draw them all! Ages 5-12.

Wednesday, December 6, 2023

5:30pm-7:00pm

\$24

7002-F23



Stay at Home Alone

Join this 2-day class to help your child become more confident in staying home alone. Topics discussed will be: basic safety, how to handle an emergency, and more! This class does not guarantee your child will be ready to stay home alone immediately, but will help them feel more comfortable with the idea! Ages 9-13 are welcome. Taught by: Tracy Hazel, owner of Advanced Training and Consulting, LLC.

October 3rd AND October 5, 2023

6:00-8:00pm

\$55

7003-F23

Pencil Drawing Club - Inspirations from Nature

We're starting a drawing club! Please join us as we sharpen our drawing skills in a fun, relaxed environment. We will be focusing on drawing items found in nature these sessions. Everyone is an artist! Open to students currently in 1st-5th grades. Taught by Mrs. Bowen, MPS elementary art teacher.



Session 1:

Wednesdays, Sept 13 - Oct 11, 2023

4:30-5:30pm

\$60

7004-F23

Session 2:

Wednesdays, October 18 - Nov 15, 2023

4:30-5:30pm

\$60

7005-F23



Winter Celebrations - Painting and Crafts

Each week students will create a new masterpiece celebrating winter and the holiday spirit. Open to children in 2nd-5th grades. Taught by Mrs. Bowen, MPS Art Teacher.

Wednesdays, November 29 - Dec 20, 2023

4:30-5:30pm

\$60

7006-F23

3. HOBBIES AND PERSONAL INTEREST

Self Defense

KIDS (ages 4-14).

Get ready to take on life's daily challenges with Sanchin-Ryu's unique karate and self-defense system! Our program emphasizes the importance of developing and maintaining control over your movement, thinking, and emotions to achieve true confidence and security. Sanchin-Ryu's positive, non-competitive and personalized approach meets you where you are and celebrates your personal growth, all in a fun, safe, and supportive environment.



Discover the valuable lessons & benefits offered by this program:

- "Stranger-Danger"- safeguarding against predators
- Equipping youngsters with effective strategies to overcome bullying
- Nurturing a positive self-image, fostering confidence & self-assurance
- Empowering children to make wise decisions in the face of peer pressure
- Strengthening self-control, both physically and emotionally, for greater stability
- Enhancing concentration skills, enabling improved focus and attentiveness

Wednesdays, Oct 4, 11 and 18, 2023

6:00-7:00pm

\$45

8000-F23

WOMEN (ages 15+).

This dynamic and interactive program dives into the realm of personal protection, empowering individuals of all ages, sizes, and abilities to defend themselves effectively. Participants will explore practical defense techniques that transcend limitations like strength, age, or athleticism. You will be equipped with skills to keep yourself safe at home, school and workplace and learn to take charge in stressful moments rather than succumb to them. Best of all, students learn in a fun, SAFE, go-at-your-own-pace environment!

Some of the invaluable lessons and benefits that await you in this program are:

- Self-empowerment and assertiveness
- Attack prevention and personal safety awareness
- Increased confidence and self-image
- Mental and physical preparedness and resilience
- Overcoming anxiety and fear, fostering emotional and mental well-being
- Strong sense of community of individuals with shared experiences and goals

Wednesdays, Oct 4, 11 and 18, 2023

7:15-8:15pm

\$45

8001-F23



CPR / AED class

Students must complete Online Learning prior to the class date to participate. Skills will be reviewed and you will be tested on skills during in class time. Learning CPR can make the difference between life and death. Learn CPR and how to act quickly in an emergency situation. This class includes classroom skills with mannequins for an Adult, Child and Infant as well as how to properly use an AED. You will receive Red Cross Certification with meets all basic requirements for workplaces. Open to ages 13-adult. Taught by Mary Kay Gavitt.

Tuesday, October 10, 2023

6:00-9:00pm

\$55

8002-F23

Wreathmaking

Let's make a super cute seasonal wreath. We'll use the "pancake" style to make a wreath that will fit perfectly between your exterior door and storm door. The instructor brings all supplies ready for you to create your new wreath. All classes are open to ages 12-adult. Ages 12-17 must have an adult attend with them. See examples of the teacher's work here:

<https://carolalicewreaths.com/wreath-gallery/> .



Fun Fall Wreath

Wed., September 27, 2023

6:30 pm – 8:30 pm

\$85

8003-F23

Christmas Wreath

Wed., October 25, 2023

6:30 pm – 8:30 pm

\$85

8004-F23

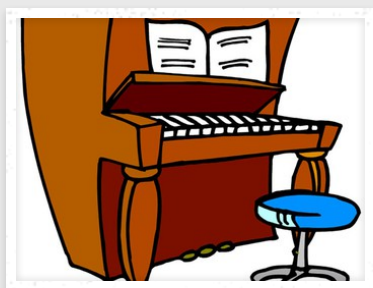
Winter Wreath

Wed., December 6, 2023

6:30 – 8:30 pm

\$85

8005-F23



Instant Piano for Busy People

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do-using chords. Since this class is being **held online with ZOOM you will be able to sit at your piano or keyboard at home** and take this course with no pressure at all. And since this course includes an online book and online follow up video lessons, you will be able to continue your practice and study on your own. An optional periodic online question and answer session is also included. A recording of the class is included as well. The course is partly lecture/demonstration and partly hands on instruction. Ages 15+ may enroll.

Topics include:

• How chords work in a song

- How to get more out of sheet music by reading less of it
- How to form the three main types of chords
- How to handle different keys and time signatures
- How to avoid "counting"
- How to simplify over 12,000 complex chords

Monday, Oct 23, 2023

6:30-9:30pm

\$62

8006-F23

Instant Guitar for Busy People

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Since this class is being **held online with ZOOM, you will be able to sit at home with your guitar**



and take this class without any pressure at all. And since the class includes an online book and online follow-up video lessons, you will be able to continue your practice and study on your own. An optional periodic online question and answer session is also included. A recording of the class is included as well. Class limited to 15 students. For ages 13+.

Topics include:

How chords work in a song

How to form the three main types of chords

How to tune your guitar

Basic strumming patterns

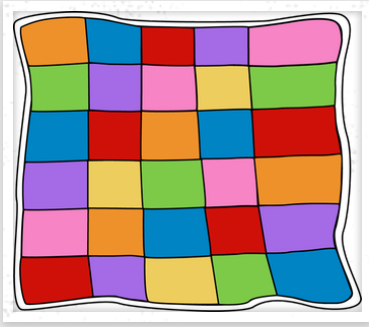
How to buy a good guitar (things to avoid)

How to play along with simple tunes

Tuesday, October 24, 2023

6:30-9:00pm

8007-F23



Quilting Clinic

Help from a teacher for quilting concerns provided on an individual basis. Assistance with learning to piece, Studio 180 tools, frustrating patterns, techniques including paper piecing (FPP and EPP) and applique, getting that UFO going again, and more.

You will bring all your supplies needed for your project. New quilters will need: a cutting mat (at least 18 x 24), a rotary cutter, a ruler 2.5 x 12.5, a ruler 6.5 x 24.5, a sewing machine, scissors, pins and/or clips, and (optional) a travel iron and wool pressing mat. *New quilters please contact the instructor before your first session to get materials for the beginner quilt.

Session 1:

Sept 5 - 26, 2023

6:00-8:00pm

\$60

8008-F23

Session 2:

Oct 3 - 24, 2023

6:00-8:00pm

\$60

8009-F23

Session 3:

Nov 7 - 28, 2023

6:00-8:00pm

\$60

8010-F23

Session 4:

Dec 5 - 19, 2023

6:00-8:00pm

\$45

8011-F23

Money Basics - Multiple topics

All classes are open to ages 13 - adult. A great class to take with the teenagers in your family. Taught by Jessica Rubio from MSUFCU. All classes are FREE. Please enroll so we can get accurate numbers to help in class preparation.

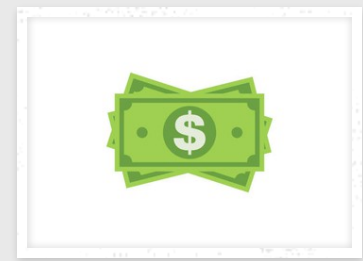
Money and Emotions- A presentation that discusses our relationships with money and how that connects to our mental health.

Tues, Sept 19, 2023

5:30-6:30pm

FREE

8012-F23



Spending with Intention- A presentation that discusses the importance of budgeting and savings.

Tues, Oct 17 2023

5:30-6:30pm

FREE

8013-F23

Credit and Loans- A presentation that discusses credit and the impact it makes on our life, covers how to build a good credit score and get your credit into good standing.

Tues, Nov 21, 2023

5:30-6:30pm

FREE

8014-F23

Fraud and Identity Theft- A presentation that discusses the importance of protecting your identity and how to safeguard you and your personal information and not become a target of fraud or identity theft.

Tues, Dec 19, 2023

5:30-6:30pm

FREE

8015-F23



Candlemaking

Come and enjoy a class lead by an instructor to help you create your one-of-a-kind candle to take home. All needed materials are provided for this fun event. Open to ages 12-adult (ages 12-15 need an adult to stay on site with them, but do not have to participate in the class). The class will be held in The Candle Bar studio in downtown Mason. Pick the class date that works best for you.

October 16, 2023

5:00-6:00pm

\$28

8016-F23

Oct 18, 2023

5:00-6:00pm

\$28

8017-F23

Canvas Painting Project

Join Diane from My Masterpiece Painting with creating a 16x20 canvas with acrylic paint with step by step instruction. The project is the picture to the right here on the guide! This will be held in the instructor's in-home Mason studio. Address will be provided after you enroll for the class. This project is appropriate for anyone ages 10 - adult. You can see more of Diane's work on her Facebook page with the same business name.



Tuesday, Sept 26, 2023

6:00-9:00pm

\$30

8018-F23



Beginner Horsemanship

Have you wanted to learn more about horses? Do you want to learn the basics of riding? Join us for this class. No horse experience necessary. Class material throughout the class sessions will include: Basic safety and barn etiquette, grooming, identifying parts of a horse, haltering and leading, tacking a horse, basic nutrition, basic health and vital signs, farm tour, coat colors and markings, lunging and some riding time.

All participants must wear long pants and boots with a heel. All participants will wear a helmet while riding. If you have your own certified riding helmet, please feel free to bring it with you. All participants must sign a waiver before the first day of class to participate. Barn is located in Mason. Open to ages 10-adult.

Mondays, Oct 2 - 30, 2023

5:30-6:30pm

\$50

8019-F23

Halloween Cookie Decorating

Get ready for some Spook-tacular Fun! We are decorating Halloween cookies. In this class, you will learn how to make Royal Icing, outline and fill cookies, as well as other decorating tips and tricks. Each student will receive 6 pre-baked cookies ready to be decorated. Students will learn how to decorate their favorite Halloween characters. Open to ages 10-adult. Taught by: Nikki Thompson Frazier of Sweet Encounter Bakery.



Monday, October 30, 2023

5:30-7:30pm

\$40

8020-F23

4. AQUATIC CENTER

Any questions or concerns regarding Aquatics programming or pool rentals, please contact Pool Supervisor, Jacob, at hazewinkelj@masonk12.net.





Open Swim

August 26 - Dec 22, 2023

Friday 7:00pm-9:00pm

Saturday 1:00-3:00pm

NO OPEN SWIM: 9/1, 9/2, 9/9, 9/29, 9/30, 10/20, 10/21, 11/3, 11/4, 12/16

Price: \$3/Adults, \$2/Students & Senior Citizens, \$8 per a family of 4 (\$1 for each additional family member in same household). **NO REGISTRATION REQUIRED, PAY CASH AT THE DOOR!** Bring correct change, please. No credit cards accepted.

For the safety of all patrons we ask that all children 8 years of age and younger be accompanied by an adult in the water unless the child can proficiently swim on their own without a floatation device.

Children swimming with floatation devices of any kind must have a responsible adult in the water with them and cannot go to the deep end, even with a parent. Children that are not potty trained must wear a swim diaper. We do not sell or provide diapers. The lifeguard on duty will determine the proficiency of the swimmer to swim in the deep end. Lifeguards will have a lane open for Lap Swimmers.

Adult Lap Swim (ages 18+)

August 28-Dec 22, 2023

Lap swim times are on a drop in basis. Come enjoy the water and get some exercise.



Tuesday - Friday - 6:00AM - 7:30AM

NO Swim - 9/1, 10/20, 11/22, 11/23, 11/24

Saturday 7:00AM - 8:30AM

NO Swim - 9/2, 9/9, 9/30, 10/21, 11/4, 11/25, 12/16

Monday and Wednesday - 7:15PM - 8:45PM

NO Swim - 9/4, 9/6, 9/25, 10/23, 11/22 (no shallow end water walking available during evening lap swim)

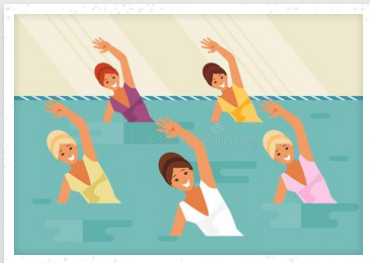
\$5/person or \$35/Punch Card (10 punches. 11th punch free.)

MPS Employee: \$2/person. No punch cards

Senior Citizen (60+): \$4/person or \$28/Punch Card (10 punches)

NO REGISTRATION REQUIRED, PAY CASH AT THE DOOR!

Bring correct change, please. No credit cards accepted.



Water Fitness (ages 16+)

Shallow and Deep Water Class

Aug 28 - Dec 20, 2023

Monday and Wednesday - 7:15PM - 8:15PM

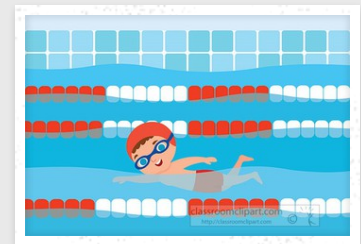
NO Class - 9/4, 9/6, 9/25, 10/23, 11/22

Price: \$6 at the door, or purchase a 10 visit punch card - \$45 for ages 16-59. Ages 60+ is \$36.

No advanced registration is required.

MASC (Mason Area Swim Club)

MASC is a competitive swim team where swimmers will compete in smaller meets, learn the value of team work, and train to be a high school swimmer. This is NOT a learn to swim program. We encourage you to read the information provided below to help you become familiar with the team program and how to register. If you have any specific program related questions please email millerj@masonk12.net and you'll be connected to a coach to help..



MASC F.A.Q:

- 1. Do I have to be a good swimmer?** You must be able to swim at least 50 yards of Freestyle and 25 yards of Backstroke (without stopping) with correct technique or have completed Level 4 of the Swim Lesson classes to do Bronze level. MASC is NOT a learn to swim program.
- 2. What if I am involved in other sports?** We have many swimmers involved in other sports/activities. Please just come to as many practices as possible to get the greatest benefit of swimming!
- 3. Are there swim meets?** We will participate in meets when offered nearby. Participation is optional.
- 4. Can I join anytime?** Enrollment will close after the first week of the session. No prorated tuition if you start after Day 1.

Fall MASC Session

Sept 11 - Dec 20, 2023

Monday/Wednesday/Friday (37 Swims)

NO swim: 9/25, 9/29, 10/20, 10/23, 11/22, 11/24

Bronze - 5:30-6:30pm

\$200

- **9000-F23**

Silver -5:30-7:00pm

\$220

- **9001-F23**

Gold - 5:30-7:00pm

\$220

- **9002-F23**

Swim Lesson Information

School Year Swim Classes take place on Saturday mornings at Mason Aquatic Center.

Swim Lessons F.A.Q.

1. **Where is the pool located?** The pool is located at the High School 1001 S. Barnes St., Mason, MI 48854 at the north end of the building by the tennis courts- opposite side of the school from the football field.
2. **What level should I sign my child up for?** Each lesson description has information on what is taught in each level and appropriate age levels. Please read carefully and choose the best fit for your child's current skill set. If you sign your child up for the wrong level and the correct level is full, we will provide you a refund for the session. We cannot accommodate students enrolled in the wrong level for safety reasons.
3. **What Should I bring?** Your towel, swimsuit, goggles, & any personal items you might need. Have long hair tied back. Men's, women's and family locker room are available to use.
4. **What time should I arrive?** 5-10 minutes before your class time.
5. **Can I stay and watch?** Yes, but please sit on the bleachers or in the upstairs balcony and do not interfere with the child's lesson.
6. **Are swim lessons the only ones in the pool?** No, often the pool is often being utilized by other groups. All groups work together to ensure everyone has the space they need available.
7. **Why are there not more days/times offered?** We understand classes are limited and fill very quickly and that can be very frustrating. However, we can only offer the number of classes we have staff and pool space for. Your child's safety during lessons is our #1 priority.
8. **When are classes?** Saturday mornings.
9. **Is the pool warm?** Mason Aquatic Center is a competitive pool. It is heated to 82* but this can feel chilly to many. We highly recommend long sleeved bathing suits when swimming

here. We cannot raise the temperature just for lessons.

Swim Lesson Level Descriptions:

Parent Child (6 Months - 4 Years) (30 minutes) No experience required. The focus of this class is to create a nurturing aquatic environment through activities, and parent/child bonding. Adults will learn safety tips to keep you and your child safe in and around water Introductions to floating on front/back, kicking, under water exploration and basic water safety. Children not potty trained must wear a swim diaper. Adult must be in the water with the child at all times.

Make A Splash (3.5 - 5 Years) (30 minutes) Previous class experience & 42" height is required. This class is for young swimmers who are ready to make the transition out of a parent and child class and can safely follow directions from a teacher, but not quite ready for a Level Class. Continuation of water adjustment skills and self exploration in the water along with skill training. Students must be potty trained to attend this class

Level 1 (30 minutes) Appropriate for ages 5-10. Recommended child height of 48". Students will work on water entrances/exits, blowing bubbles, water bobbing, floating on front/back, rolling front to back, safety, and learning combined arm and leg action.

Level 2 (45 minutes) Appropriate for ages 6-12 with previous lesson experience. Learn to fully submerge and hold breath. Work on advanced bobbing, recover from a front float or glide to a vertical position, roll from front to back and front crawl at least 15 yards. Continued safety skills and Introduction of rhythmic breathing & combined arm and leg action.

Level 3 (45 minutes) Appropriate for ages 6-12 with previous lesson experience. Learn to enter from deep end, scissors kick, rhythmic breathing, introduction of breast stroke, refining elementary backstroke, front crawl, and backstroke, treading water in the deep.

Level 4 (45 minutes) Appropriate for ages 7-13 with previous lesson experience. Stroke technique and swimming more distance for endurance will be the focus in Level 4. Swimmers will also be introduced to open turns on the front and back.



Fall Swim Lessons - November 11 - December 9, 2023

Parent/Child Class:

- 9003-F23 9:35-10:05am \$25
- 9004-F23 11:00-11:30am \$25

Make a Splash:

- 9005-F23 9:00-9:30am \$25
- 9006-F23 10:10-10:40am \$25

Level 1:

- 9007-F23 9:00-9:30am \$25

- 9008-F23 9:35-10:05am \$25

Level 2:

- 9009-F23 10:10-10:55am \$30
- 9010-F23 11:00-11:45am \$30

Level 3:

- 9011-F23 10:10-10:55am \$30

Level 4:

- 9012-F23 11:00-11:45am \$30

Lifeguard Courses

Lifeguard Certification - Blended Learning

Lifeguards are always in demand and if you are committed to helping prevent drownings, this is the class for you. In this program, you will learn CPR/FA/AED & water skills. Classroom work will provide valuable information from trainers with years of experience. There is an online portion of this class that will need to be completed BEFORE the first day of in-person class.



Prerequisites: Must be 15 years of age on or before the final exam. Swim 300 yards continuously demonstrating rhythmic breathing. Candidates may swim using the front crawl, breaststroke, or a combination of both but swimming on your back or side is not allowed. Swim goggles may be used. You must also be able to tread water for 2 minutes using only your legs (hands under armpits) and complete a timed event within 1 minute and 40 seconds. Students must pass all water tests and written exam with an 80% or higher. MUST ATTEND ALL SESSIONS AND COMPLETE ONLINE LEARNING PORTION OF CLASS PRIOR TO THE FIRST MEETING DATE. You will be emailed the link to the Blended Learning Portion of the class.

Dec 27, 28 and 29, 2023

9:00am-5:00pm

9013-F23 (Student Rate - \$100)

9014-F23 (NON-student Rate - \$200)

Lifeguard Recertification

All skills will be reviewed and practiced before water and written test. CPR/FA/AED are included in the review. Upon successful completion of both water and written skills test, you will be issued your certification. Students must bring their proof of prior training which is not 60 days past expiration. You must also complete the online Blended Learning prior to the first day of class. Call the Community Education office to have the link sent to you. Instructors: Mary Kay & Karen Creaser.

Dec 28, 2023

9:00-5:00pm

\$150

9015-F23

Lifeguard Instructor Certification - Blended Learning

Lifeguard Instructor Certification requires all students to complete the online Blended Learning prior to the first day of class. You will need to pay \$35 when registering for the class directly to the American Red Cross, then register online and pay for the remainder of the class. Upon completion of this class, you will be eligible to instruct Lifeguarding Classes. You must attend all in class sessions along with online learning. You will also be given 2-3 skills in which you will be required to teach and be evaluated by the lead instructor. You must be at least 17 years of age to participate. Location: Mason High School. Instructors: Mary Kay & Karen Creaser.

\$300

Dec 27, 28, and 29, 2023

9:00am-5:00pm

9016-F23



5. Registration Information

Each class has a minimum and maximum number of participants to run the class. In order for teachers to properly prepare for their class, please pre-register and pre-pay for all classes/events. All registration will end the Thursday before class/event starts. Printed copies of the guide can be picked up at Mason High School Athletic Office. Please mark your calendars for any dates listed where class will not be held due to school closure or other events interfering. ***THERE WILL BE NO REGISTRATION AT THE DOOR FOR CLASSES OR EVENTS (unless otherwise noted)!***

- Community Education questions - email millerj@masonk12.net or call 517-244-6416.
- Aquatics Questions - email hazewinkelj@masonk12.net

Please follow "Mason Aquatic Center" and "Mason Community Education" on Facebook for most up to date information regarding offerings, closings, etc.

- **ONLINE:** Make an account here: <https://mason.revtrak.net> <-- **PREFERRED METHOD!!**
- **WALK-IN:** Please call ahead for a walk in time. (517) 244-6416
- **PHONE:** Call (517) 244-6416 (Leave a message and a call will be returned). Phone registrations by VISA, MasterCard, Discover, ONLY!
- **CONFIRMATION:** You will be emailed if your class is cancelled or needs to be changed for any reason. No confirmations will be mailed but registering online will allow you to print a confirmation. You will receive a detailed email from millerj@masonk12.net the week your class takes place with location information and anything you need to bring with you to class.
- **REFUND POLICY:** Full refunds will be given for classes cancelled by Community Education. A \$5 processing fee is charged for each class dropped by the customer. To request a refund, call the Community Education office at-least *two days prior* to the first scheduled class. No refunds will be given if notification is received after the two-day deadline. *Community Education reserves the right to cancel and/or reschedule class days/times as needed. In case of last minute closure, every effort will be made to reschedule, but this is not guaranteed depending on building and staff availability. There are NO prorated class prices or partial refunds.*

BUILDING LOCATION GUIDE:

- **Mason High School** - 1001 S. Barnes Street
- **Aquatic Center** is located on the north end of the High School building OPPOSITE the football stadium. Same side of the building as the Tennis Courts.
- **Mason Middle School** - 235 Temple Street
- **Alaiedon Elementary** - 1723 Okemos Road
- **North Aurelius Elementary** - 115 N. Aurelius Road
- **Steele Elementary** - 531 Steele Street
- **Harvey Educational Center** - 400 S. Cedar Street



***Web Store Home | Mason Publi...**

mason.revtrak.net



Community Education

www.masonk12.net

Website for Mason Public Schools