

Mason High School Triathlon

To support students in our community with cancer and raise funds for research.

We are hosting a triathlon for adults and children Friday June 9th and Saturday June 10th as a community event. Our goal is to raise funds and awareness through fitness and a fun event for all.



Help us find blood cancer cures



someday is today

Our Community, as with many others, have felt the impactful blow that cancer deals. Three of our current or recent students are in this battle. The Mason High School Swim & Dive teams in conjunction with Modern Woodmen are working to raise funds, awareness and support in this fight.



Sponsorship for this event is much appreciated! Modern Woodmen will match donations up to \$2500.

- ★ Ironman Level-\$400★
- ★ Olympic Level-\$200 ★
- ★ Sprint Level-\$100 ★

Please note:
This event is associated with Mason Public Schools. Donations may qualify as a charitable contribution for income tax purposes. Receipts are available upon request acknowledging the charitable gift.

Send completed donation form to:
**Mason High School
Boys Swim & Dive
1001 S. Barnes Street
Mason, MI 48854**

All Sponsors who send in their logo by May 31, 2017 will be included on the back of the race shirt and acknowledged throughout the two race days. Olympic Level Sponsors will also be included in the fall and winter Swimming Invitational Program. Ironman Level Sponsors will receive all of the above, will be included in the CAAC Red Division as a sponsor, and a free entry for an adult to either the Friday or Saturday event.

Company Name: _____

Contact Person: _____

Email: _____

Send LOGO and questions to
Connie Cantrell at
cantrellc@masonk12.net

Please make checks payable to:
Mason Boys Swim & Dive
(We are doing this to protect the identity of our kids with cancer)

I can go the distance!

Friday's Events

- Triathlon 800 yard pool swim, 14 mile bike, 5k run
- Duathlon 3.2k run, 14 mile bike, 5k run
- 800 yard Swim, 14 mile bike
- 800 yard Swim, 5k run
- Relay (2 or 3 people)

Each person needs their own entry form for a shirt

Name _____

email _____

T-shirt size S M L XL \$40 XXL \$45
Circle your size ☺

Preferred starting time choose two

3:10, 3:25, 4:00 and 4:25

Estimated 100 pace for swim _____

I will email starting slots a week before the event. Please write neatly, thank you and looking forward to a great event!

All registrations for Friday and Saturday must be in by 3pm May 26th for a T-shirt. They can be mailed to: Mason High School Triathlon c/o Connie Cantrell, 1001 S. Barnes St. Mason, MI 48854 or dropped at the Mason High School Athletic Office.

Just Tri...It!!



Saturday Registration

Circle your distance ☺

AGE	SWIM	BIKE	RUN
6 & under	25 yrd	1 km	300 yrd
7-8	50 yrd	1.5km	500 yrd
9-10	100 yrd	1.75 mi	½ mi
11-12	150 yrd	2.5 mi	¾ mile
13-14	200 yrd	4 mi	1 mile
OPEN	400 yrd	8 mi	2 mile

Athletes can enter shorted distances; however, they will not be eligible to place at that distance. We want participation where kids are comfortable. Any other special requests, please let us know.

Name _____

Age on June 10th _____

Birthdate ____/____/____

Parent Name _____

Parent email _____

T-shirt size KIDS S M L XL

ADULT S M

I would like to be in a heat that is:

FAST MEDIUM STEADY PACED

\$40 entry all finishers will receive a medal and a t-shirt.



Saturday registration & transition opens 8 am
8:30 pool opens for warm up

STARTS waves: 9 am for the OPEN adults and high school students.

10 am for the 13-14 year olds

10:30 for the 11-12 year olds

11:00 for the 9-10 year olds

11:20 for the 7-8 year olds

11:40 for the 6 & under

12:30 awards or sooner if times are calculated

All athletes and parents will sign a waiver at registration and participants must wear a helmet for the bike (Optional on the run)



Kids can use any kind of flotation (not propulsion) if desired on the swim. Big

Wheels and training

wheels are allowed so watch your ankles.



There will be music, games, auction items, and vendors going on during the event so there will be plenty to do between heats.

Start time may be adjusted based on number of entries.

An email will go out 5 days before the event if times have been adjusted by more than 10 minutes.

